

مجليس كبغسان فغاعترافن كلولوس نكار بروني داراسالام

BRUNEI DARUSSALAM NATIONAL ACCREDITATION COUNCIL
NEGARA BRUNEI DARUSSALAM

# KITCHEN HELPER

# **LEVEL 1**

(HT-FBA-KIH-01-23)

**HOSPITALITY & TOURISM SECTOR** 

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### PART 1 BASIC CONTENT

# 1.INTRODUCTION TO BRUNEI DARUSSALAM NATIONAL OCCUPATIONAL SKILLS STANDARDS (BNOSS)

Brunei Darussalam National Occupational Skills Standards (BNOSS) is a document that underlines and specifies competencies needed by a skilled worker who is gainfully employed for an occupational area and level, and pathway to achieve the competencies.

A group of expert panels consisting of industrial experts and practitioners of a particular occupational sector need to be identified in developing the standard. With the involvement of these experts in the development of the BNOSS document, measurable benchmarks of skills and performance in the related area can be established in relation to the expectation of employers and the current requirements of the industry. These standards shall be aligned to the Brunei Darussalam Qualifications Framework (BDQF).

BNOSS is a set of standards of performance that an individual is required to achieve when carrying out effectively functions of a particular job. It is used as a reference for the industry, career path of a skilled worker, training purposes and benchmarks for best practices.

#### 2.BENEFITS OF BNOSS

#### To the employers

- Able to describe the Job description and determine the salary.
- Employers can use the skills standards to establish personnel qualification requirements.
- Assess employee skill levels based on industry standard.
- •Match employee skills to the work needed.
- Training gap analysis.
- ■To advertise job requirement to standards specification.

#### To the employees

- Able to understand employers expectation of workers competencies in terms of knowledge, skills and attitude towards the specific job scope.
- Able to determine the skills and abilities needed for advancement or transfer industries and determine the right credential needed to upgrade skills.
- •Can use BNOSS as guideline to identify the career development pathway in order to succeed in their occupation.

#### To the training organisations

- BNOSS as a guideline for training organisations to develop their own curriculum.
- Able to develop assessment mechanism and specifications to assess trainees competencies.

- Able to build a cohesive relationship though a like-minded expectation of trainee's competencies and work readiness.
- •Enhances the ability and confidence to train consistent with the industry's current expectations and needs.
- •Develop new and evaluate existing curriculum and programs based on industry needs.

#### 3.KITCHEN HELPER LEVEL 1

This role of a kitchen helper is designed to reflect the role of individuals who perform mainly routine guest service tasks of Food and Production and work under direct supervision.

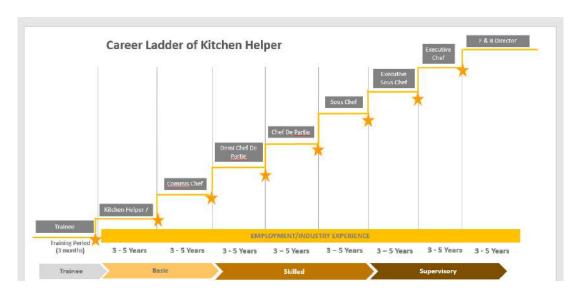
### **4.ENTRY REQUIREMENTS**

The specific of the qualifications are not limited to the list provided:

- •Minimum age of 18 years old;
- Basic reading, writing and counting;
- Able to communicate in Bahasa Melayu and basic English;
- ■Physically and mentally fit;
- Declaration of any disabilities.

# 5.COMPETENCY LEVEL, OCCUPATIONAL STRUCTURE AND CAREER PROGRESSION

SECTOR	Hospitality & Tourism
SUB-SECTOR	Restaurant and Mobile Food Services Activities
OCCUPATION	Kitchen Helper
LEVEL 5	TBA
LEVEL 4	ТВА
LEVEL 3	Commis I
LEVEL 2	Commis III
LEVEL 1	Kitchen Helper



#### **6.AWARD OF CERTIFICATE**

This section will guide the process of awarding certificate for every training course conducted by an approved training organisation to ensure the consistency. The guidelines are as follows:

#### **6.1 Certificate of Competence**

In order to award Certificate of Competence by an awarding body, Statement of Competence need to be issued by the training organisation after the completion of the course.

The statement of competence should include the following but is not limited to:

- Training organisation's name;
- Course title or competency assessment title;
- Candidate's name;
- Assessment date(s) and training date(s);
- Expiry date;
- •Unique Certificate Number;
- •Instructor's/Trainer's Name and Signature;
- Assessor's Name and Signature and
- Optional but not required
  - Training Organisation's managing director Name and Signature.

Training organisations are encouraged to inform all concerned including employers and candidates that such Certificates shall not be used as reference of a person's competency or aptitude.

Each certificate awarded to a successful candidate must indicate that the candidate has been assessed and has met the required Learning Outcomes

# PART 2 COMPETENCE STANDARDS

# 1.COMPETENCY PROFILE CHART (CPC)

Unit of Competency Category	Competence Unit Code	Competence Unit Title
	HT-GEN-01-01	Work Effectively with Customer and Colleagues
	HT-GEN-01-02	Comply With Workplace Hygiene Procedures
Generic	HT-GEN-01-03	Speak English at a Basic Operational Level
	HT-GEN-01-04	Apply Standard Safety Procedures for Handling Foodstuffs
	HT-GEN-01-05	Clean and Maintain Kitchen Equipment and Utensils
	HT-KIH-SPE-01-01	Organise and Prepare Food Products and Services
Specialised	HT-KIH-SPE-01-02	Prepare and Store Foods
	HT-KIH-SPE-01-03	Prepare Portion Controlled Meat Cuts

<sup>\*</sup>It is mandatory to include Melayu Islam Beraja and Islamic Religious Knowledge/Islamic Value in Customer Service in the qualification

## 1.1Generic

# **DUTY: 1. Work Effectively with Customer and Colleagues**

Skill Areas/ Competence	Competence Elements
	1.1.1Relay information in a clear and concise manner
1 1	1.1.2Use language and tone appropriate to a particular audience
1.1 Communicate	1.1.3Use active listening and questioning
Effectively	1.1.4Identify potential and existing conflicts and seek solutions
Lifectively	1.1.5Complete routine workplace documentation accurately in a timely manner
1.2 Establish	1.2.1Meet both internal customers' and external customers' needs and
and Maintain	expectations
Effective	1.2.2Assist to resolve workplace conflict
Relationships	1.2.3Maintain a positive and co-operative manner
with Colleagues and Customers	1.2.4Use non-discriminatory attitudes and language
	1.3.1Request or provide assistance
	1.3.2Provide support to colleagues
1.3 Work in A	1.3.3Discuss and resolve problems through agreed and/or accepted
Team	processes
I Calli	1.3.4Recognise and accommodate cultural differences
	1.3.5Identify, prioritise and complete individual tasks
	1.3.6Complete routine workplace documentation

## **DUTY: 2. Comply with Workplace Hygiene Procedures**

Skill Areas/	Competence Elements
Competence	·
	2.1.1Recognise and follow enterprise standards and legislated
	requirements that apply to relevant workplace hygiene
2.1 Recognise	procedures
and Follow	2.1.2Recognise and follow workplace hygiene procedures
Hygiene	2.1.3Receive, handle and store all food items according to enterprise
Procedures	standards and legislated requirements
	2.1.4Prepare, serve and store food in compliance
	2.1.5Clean food-related items, utensils and areas in compliance
	2.2.1Identify potential food, personal, environmental and other risks
2.2 Identify and	2.2.2Take action to minimise or remove the risk of food contamination
Prevent	2.2.3Handle and dispose of food waste and rubbish in compliance
Hygiene Risks	2.2.4Recognise and Follow enterprise standards and legislated
	requirements that apply personal practices and presentation

**DUTY: 3. Speak English at a basic operational level** 

Skill Areas/ Competence	Competence Elements
3.1 Participate in	3.1.1Use and respond appropriately to opening comments
Simple Conversations	3.1.2Comment on familiar topics
on Familiar Topics with	3.1.3Talk about a past event
Work Colleagues	3.1.4Use closing remarks appropriately to end the conversation
3.2 Respond to Simple Verbal	3.2.1Confirm understanding of supervisor's instructions or requests
Instructions or Requests	3.2.2Request repetition or clarification of instructions or requests
2.2 Males Circula	3.3.1Use polite forms to make simple requests
3.3 Make Simple	3.3.2Thank the person responding to your request
Requests	3.3.3Acknowledge the person who cannot respond to your request
3.4 Describe	3.4.1Explain a sequence of events in carrying out a routine job
Routine	3.4.2Describe exceptions to routine procedures
Procedures	3.4.3Make suggestions on how to improve routine procedures
3.5 Express	3.5.1Talk about likes and dislikes of familiar topics and situations
Likes, Dislikes and Preferences	3.5.2Discuss preferences and give reasons
3.6 Identify Different Forms	3.6.1Construct a formal sentence
of Expression in English	3.6.2Differentiate between 'open-ended' and 'closed' questions

**DUTY: 4. Apply Standard Safety Procedures for Handling Foodstuffs** 

The state of the s		
Skill Areas/	Compatones Floments	
Competence	Competence Elements	
	4.1.1Identify key hazards and risks associated with the individual work	
4.1 Identify	role	
hazards and risks	4.1.2Check own work area to identify hazards and risks	
4.2 Follow enterprise	4.2.1Implement required personal hygiene practices	
hygiene standards,	4.2.2Maintain clothing to meet work area standards	
procedures and	4.2.3Follow hygiene procedures in accordance with enterprise	
practices	requirements	
4.3 Handle and	4.3.1Handle and store foodstuffs according to enterprise guidelines	
store foodstuffs	4.3.2Handle and store foodstuffs in a manner that avoids damage and	

	contamination, meets hygiene standards, and maintains
	quality
	4.3.3Store foodstuffs at the correct temperature
	4.4.1Ensure work activities conform with the enterprise food safety
	program
	4.4.2Identify and monitor areas of risk in individual work area
	4.4.3Take corrective actions within individual scope of responsibilities
4.4 Follow food	to minimise risk in accordance with the enterprise food safety
safety program	program
	4.4.4Report risks beyond the control of the individual to the
	appropriate person(s)
	4.4.5Complete records according to enterprise requirements and work
	responsibility

**DUTY: 5. Clean and Maintain Kitchen Equipment and Utensils** 

Skill Areas/	Compatance Floments	
Competence	Competence Elements	
5.1 Identify basic	5.1.1Read and interpret procedures	
instructions, diagrams, and	5.1.2Read and interpret basic instructions, directions and/or diagrams, and/or symbols	
symbols	5.1.3Read and interpret work instructions to determine job requirements	
	5.2.1Identify the areas that may require cleaning in a kitchen premises environment and the frequency of cleaning for each identified area	
	5.2.2Select appropriate cleaning utensils and chemicals	
	5.2.3Perform cleaning procedures in accordance with enterprise and	
5.2 Clean kitchen	legislated requirements	
premises	5.2.4Identify and address cleaning and sanitizing needs that arise in addition to scheduled cleaning requirements	
	5.2.5Store cleaning items and chemicals, and clean where applicable, after cleaning has been completed	
	5.2.6Follow emergency first aid procedures in the event of a cleaning- related incident or accident	
	5.3.1Identify & describe the use of different types of knives	
5.3 Identify,	5.3.2Identify & describe the use of kitchen utensils and other small kitchen equipment	
clean and	5.3.3Identify the equipment and utensils that may require cleaning in	
maintain kitchen	a kitchen premises environment and the frequency of cleaning	
equipment and	for each identified item	
utensils	5.3.4Select appropriate cleaning tools and chemicals	
	5.3.5Perform cleaning procedures in accordance with enterprise and	
	legislated requirements	
	5.3.6Store and protect equipment and utensils that have been cleaned	

	ready for future use
	5.3.7Store cleaning tools and chemicals, and clean where applicable,
	after cleaning has been completed
	5.3.8Follow emergency first aid procedures in the event of a cleaning-
	related incident or accident
5.4 Perform	
basic	5.3.1Perform basic premises maintenance activities as necessary
maintenance on	5.3.2Perform basic maintenance activities on equipment and utensils
kitchen	as necessary
equipment,	5.3.3Report maintenance requirements that cannot be satisfactorily
utensils and	addressed
premises	
5.5 Handle	5.4.1Dispose of internal waste in accordance with enterprise and
waste and	legislated requirements
laundry	5.4.2Maintain waste disposal area in a clean and sanitary condition
•	5.4.3Gather dirty linen from kitchen and associated departments and
requirements	process dirty linen

# 1.2Specialised

# **DUTY: 1. Organise and Prepare Food Products and Services**

Skill Areas/	Compotence Floments	
Competence	Competence Elements	
1.1 Organise	1.1.1Identify equipment and utensils that may be used in mise-en-place	
and prepare	tasks	
equipment	1.1.2Select and assemble the equipment and utensils for required	
and utensils for	mise-en-place tasks	
use	1.1.3Use equipment and utensils to perform mise-en-place tasks	
1.2 Organise	1.2.1Identify ingredients that may be used for mise-en-place tasks	
and prepare	1.2.2Select and assemble the ingredients for required mise-en-place	
ingredients	tasks	
for mise-en-	1.2.3Prepare ingredients in accordance with identified need	
place tasks	1.2.3FTepare ingredients in accordance with identified field	
1.3 Prepare	1.3.1Perform mise-en-place tasks with meat	
meat, seafood	1.3.2Perform mise-en-place tasks with seafood	
and	1.3.3Perform mise-en-place tasks with poultry	
poultry	1.3.4Perform mise-en-place tasks with game	

# **DUTY: 2. Prepare and Store Foods**

Skill Areas/ Competence	Competence Elements
2.1 Identify and	2.1.1Identify a range of food items correctly
collect food	2.1.2Collect food items as required for standard recipes
items	2.1.3Measure and assemble food items correctly for standard recipes
required for	2.1.4Maintain food items at correct temperature during preparation
preparations	2.1.5Apply correct food handling techniques
2.2 Droporo	2.2.1Use eggs and dairy products efficiently to minimise wastage
2.2 Prepare	2.2.2Maintain food items at correct temperature during preparation
eggs and dairy	2.2.3Apply correct food handling techniques
2.2 Droporo dru	2.3.1Use dry goods efficiently to minimise wastage
2.3 Prepare dry	2.3.2Maintain food items at correct temperature during preparation
goods	2.3.3Apply correct food handling techniques
	2.4.1Clean fruit and vegetable items correctly
2.4 Prepare	2.4.2Prepare fruit and vegetable items using standard techniques
fruit and	2.4.3Use fruit and vegetable efficiently to minimise wastage
vegetables	2.4.4Maintain food items at correct temperature during preparation
	2.4.5Apply correct food handling techniques
2 F Duamana	2.5.1Clean meat, poultry and seafood items correctly
2.5 Prepare	2.5.2Prepare meat, poultry and game items using standard techniques
meat, poultry and	2.5.3Use meat, poultry and seafood efficiently to minimise wastage
seafood	2.5.4Maintain food items at correct temperature during preparation
Searoou	2.5.5Apply correct food handling techniques
2.6 Assemble	2.6.1Select appropriate equipment
and use	2.6.2Use equipment correctly and safely to enterprise and

equipment	manufacturer's instructions
	2.6.3Dismantle and clean equipment after use
	2.6.4Report equipment faults to appropriate personal
	2.7.1Store foods under appropriate conditions and locations to ensure
2.7 Store prepared foods	freshness and quality
	2.7.2Select appropriate containers
	2.7.3Label appropriately
	2.7.4Ensure freshness and quality through first in, first out

# **DUTY: 3. Prepare Portion Controlled Meat Cuts**

Skill Areas/ Competence	Competence Elements
3.1 Select and	3.1.1Identify the primary meat cuts
purchase from	3.1.2Identify the secondary meat cuts
suppliers	3.1.3Identify varieties of meats used commercially
	3.2.1Prepare and portion cuts to enterprise requirements
	3.2.2Minimise wastage through preparation and storage
3.2 Prepare	3.2.3Use trimmings and leftovers for alternative preparations and
portion cuts	preservation
	3.2.4Identify and use of equipment
	3.2.5Prepare ready for service
2 2 Ctoro	3.3.1Store fresh and/or Cryovac items correctly
3.3 Store portion cuts to enterprise requirements	3.3.2Prepare and maintain correct thawing of portioned cuts
	3.3.3Store portioned cuts appropriately in correct containers
	3.3.4Label portioned cuts correctly
	3.3.5Ensure correct conditions are maintained for freshness and quality

# **2.COMPETENCY STANDARDS**

## 2.1.Generic

Duty	1. Work Effec	tively with Customer and Colleagues
Coi	mpetence	Performance Criteria
	IMUNICATE	1.Relay information in a clear and concise manner using appropriate communication techniques 2. Use language and tone appropriate to a particular audience, purpose and situation, taking into account the relevant factors involved 3. Use active listening and questioning to facilitate effective two-way communication with others 4. Identify potential and existing conflicts and seek solutions in conjunction with all involved parties 5. Complete routine workplace documentation accurately in a timely manner  Range Appropriate communication techniques:  "the use of active listening "the use of both open and closed questions "speaking clearly and concisely "using appropriate language and tone of voice "being attentive "maintaining eye contact in face-to-face interactions "the use of appropriate non-verbal communication in face-to-face interactions, e.g. body language, attention and personal presentation  Language and tone:  "using simple, concise language that can be easily understood by the audience "using appropriate tone, e.g. not patronising, not too loud, not too soft, not yelling, not angry, etc  Conflicts:  "group conflict "conflict with individuals "conflict with individuals "conflict with co-workers  Workplace documentation:  "letters "memos "faxes "emails "invoices and purchase orders

	<ul> <li>1.Meet both internal customers' and external customers' needs and expectations in accordance with organisation standards, policies and procedures and within acceptable time frames</li> <li>2.Assist to resolve workplace conflict and manage difficulties to achieve positive outcomes</li> <li>3.Maintain a positive and co-operative manner</li> <li>4.Non-discriminatory attitudes and language are used when interacting with customers, staff and management consistently</li> </ul>
1.2 ESTABLISH AND MAINTAIN EFFECTIVE RELATIONSHIPS WITH	Range Internal customers:  colleagues working in another department team members supervisor or managers  External customers: suppliers
COLLEAGUES AND CUSTOMERS	■ people who buy the goods and services the enterprise sells
	Organisation standards:
	Non-discriminatory attitudes and language:  ■language in relation to race and ethnicity ■not making assumptions about physical or intellectual abilities  ■the use of non-discriminatory language in relation to the portrayal of people with disabilities ■using non-sexist and gender inclusive language
1.3 WORK IN A TEAM	<ol> <li>Request or provide assistance so that work activities can be completed</li> <li>Provide support to colleagues to ensure achievement of team goals</li> <li>Discuss and resolve problems through agreed and/or accepted processes</li> <li>Recognise and accommodate cultural differences within</li> </ol>
	the team 5. Identify, prioritise and complete individual tasks within designated timelines 6. Acknowledge and respond to feedback and information

from other team members
<u>Range</u>
Cultural differences:
■forms of address
levels of formality/informality
■non-verbal behaviour
■work ethics
personal grooming
family obligations
■recognised holidays
special needs
<ul><li>preferences for personal interaction</li></ul>

Duty 2. Comply with Workplace Hygiene Procedures		
Competence	Performance Criteria	
	<ol> <li>Recognise and Follow enterprise standards and legislated requirements that apply to relevant workplace hygiene procedures</li> <li>Recognise and follow workplace hygiene procedures in accordance with enterprise standards and legislated requirements</li> <li>Receive, handle and store all food items according to enterprise standards and legislated requirements</li> <li>Prepare, serve and store food in compliance with enterprise standards and legislated requirements</li> <li>Clean food-related items, utensils and areas in compliance with enterprise standards and legislated requirements</li> </ol>	
2.1 RECOGNISE AND FOLLOW HYGIENE PROCEDURES	<ul> <li>Range</li> <li>Enterprise standards and legislated requirements:</li> <li>Details of policies and procedures of the host enterprise</li> <li>Details of the food standards that the enterprise has determined as appropriate</li> <li>Details of the statutory requirements of the legislation of the host country</li> </ul>	
	Store:	

Raw ingredients Ready to eat foods oPartially prepared products, such as: meat, fruit & vegetables, processed foods OContainers that food may be stored in or served in/on, including single use items, crockery and cutlery Prepare: Preparing raw and pre-prepared foods for inclusion in menu items ■Cooking of food De-frosting of food ■Re-heating of food Safe food handling techniques Avoidance of cross contamination Clean: Chemicals used in cleaning ■Safety issues Sanitising Cleaning schedules Storage of cleaning materials and equipment. 1. Identify potential *food, personal, environmental and* other risks in the workplace promptly 2. Take action to minimise or remove the risk of food contamination within the scope of individual responsibility 3. Handle and dispose of food waste and rubbish in compliance with enterprise standards and legislated requirements 4. Recognise and follow enterprise standards and legislated requirements that apply to personal practices and presentation for food handling staff 2.2 IDENTIFY AND PREVENT HYGIENE RISKS Range Food, personal, environmental and other risks: Chemical contamination ■Physical contamination ■Micro-biological contamination ■Temperature danger zone requirements Safe re-heating and defrosting practices ■Airborne contamination ■Vermin Food recall and disposal procedures

Risk of food contamination:

<ul><li>Auditing staff skills</li></ul>
<ul><li>Training provision</li></ul>
<ul><li>Adherence to policies and procedures</li></ul>
Internal and external audits
Involvement of outside professionals and experts
<ul><li>Taking of appropriate remedial action</li></ul>
Food waste and rubbish:
Internal disposal of rubbish and food waste
Removal of food and other waste from the external
premises
Re-cycling options
<ul><li>Sanitising of waste containers and rubbish areas</li></ul>
Personal practices:
•Uniforms
■Hand washing
Personal sickness, illness and injury
Control of personal habits that may cause cross
contamination, including touching nose, mouth, or
hair, coughing, sneezing, smoking, etc.

Duty 3. Speak English at a Basic Operational Level		
Competence	Performance Criteria	
3.1 PARTICIPATE IN SIMPLE CONVERSATIONS ON FAMILIAR TOPICS WITH WORK COLLEAGUES	<ul><li>1.Use and respond appropriately to opening comments</li><li>2.Comment on familiar topics</li><li>3.Talk about a past event</li><li>4.Use closing remarks appropriately to end the conversation</li></ul>	
3.2 RESPOND TO SIMPLE VERBAL INSTRUCTIONS OR REQUESTS	1.Confirm understanding of supervisor's instructions or requests     2.Request repetition or clarification of instructions or requests	
3.3 MAKE SIMPLE REQUESTS	1.Use polite forms to make simple requests     2.Thank the person responding to your request     3.Acknowledge the person who cannot respond to your request	
3.4 DESCRIBE ROUTINE PROCEDURES	<ul><li>1.Explain a sequence of events in carrying out a routine job</li><li>2.Describe exceptions to routine procedures</li><li>3.Make suggestions on how to improve routine procedures</li></ul>	
3.5 EXPRESS LIKES, DISLIKES AND PREFERENCES	1.Talk about likes and dislikes of familiar topics and situations     2.Discuss preferences and give reasons	
3.6 IDENTIFY DIFFERENT FORMS OF EXPRESSION	1.Construct a formal sentence     2.Identify indicators of informal expressions in English	

IN ENGLISH	3. Differentiate between 'open-ended' and 'closed'
	questions

Duty 4. Apply Stan	dard Safety Procedures for Handling Foodstuffs
Competence	Performance Criteria
4.1 IDENTIFY HAZARDS AND RISKS	<ul> <li>1.Identify key hazards and risks associated with the individual work role</li> <li>2.Check own work area to identify hazards and risks</li> <li>Range Hazards and risks:         <ul> <li>Biological hazards, such as bacteria, moulds, yeast, other organic matter and contaminants</li> <li>Physical hazards, including broken glass, metal, plastic, foreign matter, dirt, etc</li> <li>Chemical hazards, such as additives, chemicals and natural poisons</li> <li>Hygiene, such as personal habits, illness, clothing and cleanliness of self, work area and equipment</li> </ul> </li> </ul>
4.2 FOLLOW ENTERPRISE HYGIENE STANDARDS, PROCEDURES AND PRACTICES	<ul> <li>1.Implement required personal hygiene practices</li> <li>2.Maintain clothing to meet work area standards</li> <li>3.Follow hygiene procedures in accordance with enterprise requirements</li> <li>Range</li> <li>Hygiene procedures:         <ul> <li>Personal habits/hygiene</li> <li>Using protective clothing</li> <li>Equipment/work area</li> <li>Product contamination/cross contamination</li> </ul> </li> </ul>
4.3 HANDLE AND STORE FOODSTUFFS	<ul> <li>1.Handle and store foodstuffs according to enterprise guidelines</li> <li>2.Handle and store foodstuffs in a manner that avoids damage and contamination, meets hygiene standards, and maintains quality</li> <li>3.Store foodstuffs at the correct temperature</li> <li>Range Foodstuffs:  Meat, such as beef, pork, lamb and chicken Fish and shellfish Commodities, including fresh, dried and preserved</li> <li>Cooked and raw product</li> <li>Fruits and vegetables</li> <li>Dry goods</li> <li>Frozen foods</li> </ul>

	■Pre-prepared food products
	<ul> <li>Contamination:</li> <li>Cross contamination when a cooked product is contaminated by contact with a raw product</li> <li>Edible product contaminated by waste</li> <li>Biological contamination, such as bacteria, moulds, yeast, other organic matter and contaminants</li> <li>Physical contamination, including broken glass, metal, plastic, foreign matter, dirt</li> </ul>
	■Chemical contamination, such as additives, chemicals
	and natural poisons
	<ol> <li>1.Ensure work activities conform with the enterprise food safety program</li> <li>2.Identify and monitor areas of risk in individual work area</li> <li>3.Take corrective actions within individual scope of responsibilities to minimise risk in accordance with the enterprise food safety program</li> <li>4.Report risks beyond the control of the individual to the appropriate person(s)</li> <li>5.Complete records according to enterprise requirements and work responsibility</li> </ol>
4.4 FOLLOW FOOD SAFETY PROGRAM	Range Appropriate persons:  Supervisors Managers Local authorities  Records: Temperature charts3 Delivery information Storage information First In First Out (FIFO) Use by dates

Duty 5. Clea	and Maintain Kitchen Equipment and Utensils	
Competen	Performance Criteria	
	1.Read and interpret <i>procedures</i>	
	2.Read and interpret basic <i>instructions, directions</i>	and/or
5.1 IDENTIFY BAS	diagrams, and/or symbols	
INSTRUCTIONS,	3.Read and interpret work instructions to determine	ne job
DIAGRAMS, AND	requirements	
SYMBOLS		
	<u>Range</u>	
	Procedures:	

	<ul> <li>Hazard policies and procedures</li> <li>Emergency, fire and accident procedures</li> <li>Personal safety procedures</li> <li>Procedures for the use of personal protective clothing and equipment</li> <li>Use of motor vehicles</li> <li>Resolution procedures</li> <li>Job procedures and work instructions</li> </ul>
	<ul> <li>Instructions, directions and/or diagrams and/or symbols:</li> <li>Work instructions</li> <li>Directions on how to use equipment safely</li> <li>Directions on how to complete a task safely</li> <li>Diagrams that show safe working procedures</li> <li>Policies and procedures</li> <li>Manuals</li> </ul>
	Work instructions to determine job requirements:  Methods of work Processes or procedures Equipment Policies and procedures Manuals
5.2 CLEAN KITCHEN PREMISES	<ul> <li>1.Identify the areas that may require cleaning in a kitchen premises environment and the frequency of cleaning for each identified area</li> <li>2.Select appropriate cleaning tools and chemicals</li> <li>3.Perform cleaning procedures in accordance with enterprise and legislated requirements</li> <li>4.Identify and address cleaning and sanitizing needs that arise in addition to scheduled cleaning requirements</li> <li>5.Store cleaning tools and chemicals, and clean where applicable, after cleaning has been completed</li> <li>6.Follow emergency first aid procedures in the event of a cleaning-related incident or accident</li> </ul>
	<ul> <li>Range</li> <li>Equipment and utensils that may require cleaning:</li> <li>■All types of gas, electrical and steam-powered food preparation equipment including:</li> <li>■Large kitchen equipment, such as dishwashers, stoves, bratt pans, provers, deep fat fryers, grill plates, mixers, bain maries, general cooking appliances, waste disposal units</li> <li>○Medium-size equipment, such as blending sticks, microwaves, mixers, salamanders</li> <li>○Small equipment, such as toasters, slicers,</li> </ul>

hand-held electrical equipment

- Saucepans, fry pans, pots, pans, steamers, dishes, cutlery, whisks, strainers, knives
- Food containers, chopping boards, platters, bowls, presentation stands and units
- •Internal and external waste and rubbish bins

#### Areas that may require cleaning:

- ■Floors, walls and ceilings
- ■Doors and windows
- Shelving and cupboards
- Food preparation surfaces, including fixed and mobile benches
- Exhaust fans, light covers, drains, sinks and food disposal units
- Receival areas, store rooms for dry, refrigerated and frozen items, service areas, preparation areas and rubbish storage areas

#### Frequency of cleaning:

- ■After each use
- After each session
- Daily, weekly, fortnightly, monthly, three-monthly and half-yearly
- Disassembling and reassembling equipment and items in line with cleaning requirements at each cleaning activity

#### Cleaning tools and chemicals:

- Brooms, mops, high pressure hoses, cleaning cloths, squeegees, buckets, brushes, floor scrubbers
- Cleaning chemicals, including detergents, sanitizers, deodorants, de-greasers, disinfectants, drying agents
- Consideration of safe manual handling techniques when using cleaning equipment and when lifting, moving or cleaning heavy, hot, cold, wet, slippery, or otherwise dangerous items

# Recognised and Follow Enterprise and legislated requirements:

- Recognise and follow food safety plan/program for the premises
- Recognised and follow workplace cleaning rosters, schedules and cleaning sheets21
- Recognised and comply with policies and procedures of the host enterprise
- •Recognised and comply with statutory requirements

regarding the safety and hygiene of food premises, and environmental concerns relating to waste disposal especially of food waste, fats and oils and chemical agents Cleaning and sanitizing needs that arise: ■Spills and dropped items Immediate need for items/areas that are not scheduled for immediate cleaning Workplace incidents and accidents that should include cleaning up in all back-of-house areas, such as receival areas, stores, preparation areas, plating and service areas Equipment overflow or malfunction Store cleaning items: Cleaning and sanitizing equipment •Undertaking basic repairs and maintenance Ordering or requisitioning replacement items and/or chemicals Replacing cleaning tools and chemicals into the designated location ready for immediate re-use **Emergency first aid procedures:** Notifying internal first aid officers of emergencies Contacting external emergency services for assistance Administering basic first aid for minor cuts, bruises, abrasions, burns and scalds Administering basic first aid in accordance with relevant chemical information sheets where chemicals have been spilled on skin, been ingested, or have entered into the eyes 1. Describe the use of different types of knives 2.Identify and describe the use of *kitchen utensils and* other small equipment 3. Identify the equipment and utensils that may require *cleaning* in a kitchen premises environment and the 5.3 IDENTIFY, CLEAN frequency of cleaning for each identified item AND 4. Select appropriate cleaning tools and chemicals MAINTAIN KITCHEN 5. Perform cleaning procedures in accordance with **EQUIPMENT AND** enterprise and legislated requirements **UTENSILS** 6. Store and protect equipment and utensils that have been cleaned ready for future use 7. Store cleaning items and chemicals, and clean where applicable, after cleaning has been completed 8. Follow emergency first aid procedures in the event of a cleaning-related incident or accident

#### Range

#### Types of knives:

- Office knife (paring knife)
- ■Filleting knife
- ■Boning knife
- ■Cook's knife
- ■Palette knife
- Carving knife

#### Kitchen utensils and other small equipment:

- ■Conical strainer
- ■Cook's sieve22
- Slicing utensils
- ■Vegetable peelers
- ■Vegetable scoops
- ■Kitchen scissor
- Citrus fruits zester

#### Equipment and utensils that may require cleaning:

- •All types of gas, electrical and steam-powered food preparation equipment including:
  - Large kitchen equipment, such as dishwashers, stoves, bratt pans, provers, deep fat fryers, grill plates, mixers, bain maries, general cooking appliances, waste disposal units
  - Medium-size equipment, such as blending sticks, microwaves, mixers, salamanders
  - Small equipment, such as toasters, slicers, hand-held electrical equipment
- Saucepans, fry pans, pots, pans, steamers, dishes, cutlery, whisks, strainers, knives
- Food containers, chopping boards, platters, bowls, presentation stands and units
- •Internal and external waste and rubbish bins

#### Store and protect equipment and utensils:

- Drying items prior to storage
- Checking for damaged items and taking damaged items that pose a food safety, or other risk, out of service
- Protecting clean items from re-contamination
- Ordering or requisitioning new/extra items where stock levels fall below acceptable levels
- Handling items so as to avoid damage and injury

5.4 PERFORM BASIC MAINTENANCE ON

 Perform basic premises maintenance activities as necessary

KITCHEN EQUIPMENT,	2.Perform <i>basic maintenance activities</i> on equipment and				
UTENSILS AND	utensils as necessary				
PREMISES	3.Report maintenance requirements that cannot be				
	satisfactorily addressed				
	<u>Range</u>				
	Basic premises maintenance:				
	■Tightening loose fittings				
	■Replacing minor items that are damaged, that pose a				
	food safety or other risk, or which pose a threat to				
	operational effectiveness				
	■Replacing light globes, tubes, starters and covers, as				
	required				
	■Replacing torn or damaged fly screens				
	■Performing short-term remedies as required, and as				
	instructed, to prevent a dangerous, or sub-standard				
	situation from worsening				
	■Contacting the relevant person/department to				
	conduct professional repairs, as required, and as				
	instructed				
	Basic maintenance activities:				
	<ul><li>Oiling and greasing</li></ul>				
	■Following manufacturer's instructions in relation to				
	on-site basic preventative maintenance				
	■Tightening screws, replacing user-serviceable parts				
	such as filters, washers, strainers, seals, and o-rings				
	■Taking unserviceable units out of service as required,				
	and as instructed				
	■Reporting items that are dangerous and/or which are				
	unable to be repaired/maintained inhouse as				
	required, and as instructed				
	1. Dispose of <i>internal waste</i> in accordance with enterprise				
	and legislated requirements				
	2.Maintain waste disposal area in a clean and sanitary				
	condition				
	3.Gather <i>dirty linen</i> from kitchen <i>and associated</i>				
departments and <b>process dirty linen</b>					
5.5 HANDLE WASTE					
AND LAUNDRY	<u>Range</u>				
REQUIREMENTS	Internal waste:				
	■Food waste				
	■Liquid waste				
	<ul><li>■Chemical waste</li><li>■Fats and oils</li></ul>				
	■Food wrapping, including containers, cartons, plastic				
	material, bottles, jars and glass, cans, aluminium-				

- based products, recyclable materials, paper and cardboard
- ■Waste matter from departments serviced by the kitchen

### Dirty linen:

- **■**Uniforms
- ■Cleaning cloths, tea towels
- ■Table linen
- Linen from departments serviced by the kitchen

### **Process dirty linen:**

- Sorting into designated types and piles
- Identifying and marking stains
- Notifying the laundry of laundry requirements by type and quantity
- ■Transporting dirty linen to the laundry
- ■Returning clean linen to the kitchen

# 2.2.Specialised

	numbers  Ensuring safety of equipment and utensils  Ensuring selection of equipment and utensils matches designated mise-en-place tasks  Physically assemble equipment that requires assembly  Ensuring full operational effectiveness of equipment and utensils
1.2 ORGANISE AND PREPARE INGREDIENTS FOR MISE-EN-PLACE TASKS	1.Identify ingredients that may be used for mise-en-place tasks 2.Select and assemble the ingredients for required mise-en-place tasks 3.Prepare ingredients in accordance with identified need  Range Ingredients:  Dairy products and eggs, including alternatives such as soy  Meat, fish/seafood and poultry, fresh, frozen and processed3  Dry goods, including herbs, spices, flours, sugar, rice, pasta, bread products and boosters Fruit and vegetables Smallgoods Items unique to the host enterprise or host country required to prepare specialist cuisine Liquid ingredients, including juices, milk, cream, alcohol, vinegar and oils  Select and assemble the ingredients:  Reference to menus being presented, bookings received and service style being offered Establishment requirements in relation to standard recipes, house preferences, signature dishes and recipe cards Matching type and quality of ingredient selected to intended use of the item Ensuring the safety of all foodstuffs selected Ensuring quantity of ingredients assembled matches identified/expected trading demand Protecting the integrity and food safety of items selected until mise-en-place tasks commence Safely transporting, and storing, foods to the mise-en-place area
	<ul> <li>Completing necessary internal documentation to reflect stock use</li> </ul>

#### Prepare ingredients:

- Preparing items that conform with identified need
- ■Safe food handling practices
- Techniques unique to the host enterprise or host country required to prepare specialist
- ■cuisine4
- •Timely preparation to meet workflow requirements of the enterprise and support
- operational cooking and food preparation demands
- ■Waste minimisation
- 1. Perform mise-en-place tasks with *meat*
- 2. Perform mise-en-place tasks with seafood
- 3. Perform mise-en-place tasks with *poultry*
- 4. Perform mise-en-place tasks with game

#### Range

#### Meat:

- Beef, lamb, pork, venison, veal, mutton, goat, offal, exotic meats, which may include but is not limited to camel, crocodile, ostrich, kangaroo and wild boar
- •All cuts, including bone-in, boneless, full carcasses, sides and quarters, skin-on and skinoff products
- ■Fresh and frozen products

#### Seafood:

- ■Fish, including whole and fillets; flat and round
- •Fish types may include, but are not limited to, anchovy, bass, bream, cod, eel, flounder, haddock, halibut, kingfish, mackerel, mahi mahi, sanddab, salmon, snapper, sole, trout, tuna, turbot, whiting
- •Roe, including caviar, ikura, kazunoko, lumpfish, masago, shad roe, tobiko
- Mollusks, including abalone, clam, cockles, conch, cuttlefish, mussels, octopus, oyster, periwinkle, squid, scallop
- Crustaceans, including crab, crayfish, lobster, shrimps/prawns, bugs
- ■Fresh and frozen products

#### Poultry:

- Chicken, duck, turkey, goose, quail, squab, peacock
- All cuts, including whole birds
- Dressed and un-dressed birds
- ■Fresh and frozen products

#### Game:

### 1.3 PREPARE MEAT, SEAFOOD AND POULTRY

■Rabbits, hare, swine
Processed, fresh and frozen products

Duty 2. Prepare and Store Foods			
Competence Performance Criteria			
	1. Identify a range of food items correctly		
	2. Collect food items as required for standard recipes		
	3. <i>Measure and assemble</i> food items correctly for standard		
	recipes		
	4. Maintain food items at <i>correct temperature</i> during		
	preparation		
	5.Apply correct <i>food handling techniques</i>		
	<u>Range</u>		
	Identify a range of food:		
	■Vegetables and fruits		
	<ul><li>Meat, poultry and seafood</li></ul>		
	■Nuts and grains		
	Starch products, such as rice, pasta, cous cous and		
	potato		
	■Eggs and dairy		
	■Dry goods		
	■Cultural items		
2.1 IDENTIFY AND	Collect food items:		
COLLECT FOOD ITEMS	•Quality and quantity		
REQUIRED FOR	Sourcing items		
PREPARATIONS	Select appropriateness		
	Measure and assemble:		
	•Mise en place, to prepare for standard recipes		
	<ul><li>Weighing, weights and measures</li></ul>		
	Sifting, flour and cocoa		
	<ul><li>Measuring, oil, milk, water and vinegar</li></ul>		
	Cutting, dicing, trimming, mince and slice		
	Correct temperature:		
	■Temperature time lines		
	<ul><li>Legislative requirements</li></ul>		
	•Quantities of items		
	<ul><li>Quality retaining</li></ul>		
	Food handling techniques:		
	■Cross-contamination		
	■Personal hygiene		
	Storage and temperature control		
	■ Sanitation		

2.2 PREPARE EGGS AND DAIRY	1.Use eggs and dairy products efficiently to <i>minimise</i> wastage  2.Maintain food items at correct temperature during preparation  3.Apply correct food handling techniques  Range Minimise wastage:  Menu and variety preplanning  Quantities calculated for production  Use and storage of leftovers  Efficient preparation time to minimise spoilage  Trimming, dicing and mincing
	<ul><li>Itemised cuts/muscle groups</li><li>Identifying wastage</li></ul>
	Suitable dishes/products
2.3 PREPARE DRY GOODS	1.Use dry goods efficiently to minimise wastage 2.Maintain food items at correct temperature during preparation 3.Apply correct food handling techniques
2.4 PREPARE FRUIT AND VEGETABLES	1. Clean fruit and vegetable items correctly 2. Prepare fruit and vegetable items using standard techniques 3. Use fruit and vegetable efficiently to minimise wastage 4. Maintain food items at correct temperature during preparation 5. Apply correct food handling techniques  Range Clean:  Peeling Trimming Top and tail Washing Skinning De-seeding  Prepare:  Cut vegetables in different shapes and sizes:  Julienne Jardinière Brunoise Macedoine Paysanne Demonstrate the preparation of the vegetables - Tomato: Blanched

	∘Peeled	
	∘Skinned	
	○ Concasse	
	■Demonstrate the preparation of the vegetables -	
	Parsley:	
	⊙Picked	
	⊙Chopped	
	■Demonstrate the preparation of the vegetables —	
	Onion:	
	oSliced	
	oChopped	
	■Demonstrate the preparation of the vegetables —	
	Garlic:	
	⊙Crush	
	oChop	
	○Paste	
	1.Clean meat, poultry and seafood items correctly	
	2.Prepare meat, poultry and game items using standard	
2 - PD-5 - 5 - 5 - 5 - 5 - 5 - 5 - 5 - 5 - 5	techniques	
2.5 PREPARE MEAT,	3.Use meat, poultry and seafood efficiently to minimise	
POULTRY AND	wastage	
SEAFOOD	_	
	4.Maintain food items at correct temperature during	
	preparation	
	5.Apply correct food handling techniques	
	1.Select appropriate <i>equipment</i>	
	2.Use equipment <i>correctly and safely</i> to enterprise and	
	manufacturer's instructions	
	3. Dismantle and clean equipment after use	
	4.Report <i>equipment faults</i> to appropriate personal	
	Range:	
	Equipment:	
	■Correct for task	
	<ul><li>Assembled correctly</li></ul>	
0.0.4005145:5.445	■Alternative available	
2.6 ASSEMBLE AND USE		
EQUIPMENT	Correctly and safely:	
	Manufacturer's cleaning and operating	
	recommendations	
	Demonstrating sanitisation of equipment	
	■Power regulations	
	■Following enterprise safety and hygiene procedures	
	Diam. matter	
	Dismantle:	
	■Dismantling equipment safely	

Safe occupational health and safety requirements ■Correct storage location **Equipment faults:** Enterprise policies and procedures ■Recording fault ■Reporting fault Labelling faulty equipment 1. Store foods under appropriate *conditions* and locations to ensure freshness and quality 2. Select appropriate containers 3. Label appropriately 4.Ensure freshness and quality through first in, first out Range: **Conditions:** Cool room temperature ■Cool room placement ■Time in cool storage ■Freezer temperature ■Time in freezer storage •Kitchen menu placement, such as larder, mains and banqueting ■ Dry store conditions and placement Humidity 2.7 STORE PREPARED Appropriate containers: **FOODS** ■Size to enable safe handling ■Type to suite product, including stainless steel, plastic Separating ingredients, such as herbs, garnishes and dressings ■Position in cool storage Enterprise and local authorities' requirements Label: ■ Date of production Item being stored ■Date defrosted, if applicable ■Reheated and cooled dates First In, First Out (FIFO): Receiving stock

Rotating stockLabelling stock

Duty 3. Prepare Portion Controlled Meat Cuts				
Competence	Performance Criteria			
	1.Identify the <i>primary meat cuts</i> 2.Identify the <i>secondary meat cuts</i> 3.Identify <i>varieties of meats</i> used commercially			
	Range Primary meat cuts:  Whole carcasses Argentine, including rump, silverside and tenderloin Porterhouse Rib-eye Topside Cutlets Loin Cultural cuts			
3.1 IDENTIFY VARIETY OF MEAT AND MEAT CUTS	Secondary meat cuts:  Shank Chuck Blade Knuckle Neck Ribs Leg Cultural cuts			
	Varieties of meats:  Beef Lamb Veal Goat Buffalo Pork Cultural animals			
3.2 PREPARE PORTION CUTS	<ul> <li>1.Prepare and portion cuts to enterprise requirements</li> <li>2.Minimise wastage through preparation and storage</li> <li>3.Use trimmings and leftovers for alternative preparations and preservation</li> <li>4.Identify and use of equipment</li> <li>5.Prepare ready for service</li> </ul>			
	Range Prepare and portion:  ■Cleaning, skinning, boning, trimming and denuding ■Slice, dice, skewer, smoke, marinate, pickle, sousing and truss			

•Cuts, including whole, medallion, cutlet, butterfly, schnitzel and kebabs ■Portioning, wastage and timing ■Enterprise supply and demand ■Menu style, function, a la carte Portion weights Trimmings and leftovers: Off cuts, usage ■Saleable dishes ■Menu varieties Sausages, terrines and farces **Equipment:** ■Knives, cleaver and mallet Saw, band saw and slicer Sausage casing machines Cryovac machine Smokers ■Mixers and mincers ■Silent cutters Ready for service: ■Portion packaging/tray packaging ■Par levels Marinates 1. Store fresh and/or Cryovac items correctly 2.Prepare and maintain correct *thawing* of portioned cuts 3. *Store* portioned cuts appropriately in correct containers 4. Label portioned cuts correctly 5.Ensure *correct conditions* are maintained for freshness and quality Range Store: 3.3 STORE PORTION ■Cool room temperature **CUTS TO ENTERPRISE** Cool room placement **REQUIREMENTS** Length of time in cool storage ■Freezer temperature Length of time in freezer storage Appropriate process followed, including cryovac and ice packed Storage containers before assembly Storage containers after assembly Dietary and cultural styles/flavours Labelled Freshness, quality and presentation

■Temperature and humidity

## Thawing:

- ■Enterprise and local authority requirements
- ■Handling and cool room placement
- Changing containers

### Label:

- ■Date
- ■Item name
- ■Handler name
- ■Time, temperature and storage

#### **Correct conditions:**

- ■Temperature and humidity
- ■Stock rotation
- ■Reporting faults
- Changing containers

## PART 3 TRAINING STANDARDS

### 1.CURRICULUM DESIGN

This section includes the description of the standard design of the curriculum. This should include theory and practical that covers all generic and specialised competencies.

#### 2.TRAINING DELIVERY

### 2.1. CLASS SIZE (RATIO: TRAINER VS TRAINEES)

■ Ratio: Trainer vs. Trainees, Classroom and Practical

■Classroom (Theory) – 1 Trainer: 16 Trainees

■Practical – 1 Trainer: 8 Trainees

#### 2.2. COURSE CONTENT

■70% Practical and 30% Theory

#### 2.3. EVALUATION

- Training course evaluation/ feedback form should be provided to candidates at the end of the training course.
- The Evaluation process helps the training organisation to understand the strength and weakness of the training course and identify opportunities to improve the training course for future candidates.
- Industry feedback mechanism must be in place.

#### 2.4.ASSESSMENT

- •All training organisations are required to demonstrate the four principles of assessment: (i) Validity (ii) Reliability (iii) Integrity iv) Fairness
- Assessing the competency in terms of course work, practical, written assessment and interview
- Any written assessment shall have a standardised format with clear instructions.
- •Multiple Choice Questions (MCQs) shall comprise of selection of four (4) answers provided.
- For Short Answer Questions (SAQs) sufficient space shall be provided for candidates to answer and the mark awarded for each individual question shall be indicated.
- •MCQs and SAQs should be kept within separate sections.
- Any training course that is conducted, must as reasonably practicable expose the candidates towards the real working environment (e.g. Groupwork Presentations, Practical sessions, etc.).
- Assessment Packages per program.
- Assessment will be conducted by an independent assessment team comprising 1 independent assessor from an independent RTO, 1 external assessor from the industry and 1 verifier from the awarding body.
- ■The assessment team will be led by the assessor from an independent RTO.

#### 3.TRAINING HOURS

The minimum nominal training hours is 250 hours.

#### 4.TRAINERS QUALIFICATION

- •Has a valid recognised training or teaching qualification (i.e. Certificate of teaching, Train the Trainer, etc.);
- •Minimum 3 years of work experience in the relevant field or activity; or
- Have a minimum Higher National Diploma in relevant field and above;
- Awareness concerning the provisions of the of the Workplace Safety and Health Order, 2009 and its regulations.

#### **5.ASSESSORS QUALIFICATION**

- •Has a valid recognized assessing or teaching qualification or a certificate of a qualified assessors (i.e., Certificate of Teaching, Train the Assessors, etc); OR
- Has a minimum 3 years of work experience in the relevant field or activity; OR
- Higher National Diploma and above or relevant industry experience.

### 6.TOOLS, EQUIPMENT AND CONSUMABLES (MATERIALS)

All training providers are also required to provide at their training premises (including classrooms and practice grounds) facilities and equipment which must be maintained to a required standard and in full compliance with applicable laws of Brunei Darussalam and where appropriate, equipment should be routinely tested and inspected in accordance with applicable legislation and standards. This is to ensure that all training premises, facilities and equipment are safe and fit for purpose with suitable levels of hygiene in place\*

\*Training Standards 1-8: Aligned Requirements amongst SHENA, IBTE and MOE

TOOLS		EQUIPMENT		MATERIAL	
Description	Min. Qty	Description	Min. Qty	Description	Min. Qty
Combination Oven	2	Frying pan	16	Fruits and vegetables	10
Stove	16	Stock Pot	16	Oil	20
Exhaust fans	1	Sauce pot	16	Herbs and spices	10
Cleaning equipment	10	Wooden Spoon	25	Poultry	10
		Laddle	20	Meat	10
		Scrapper	20	Fish and shellfish	10
		Table spoon	40	Bakeables (Flour, sugar)	10
		Measuring cup	20	Sauce (bottles)	10
		Metal tray small	20		
		metal tray large	20		

## 7. PERSONAL PROTECTIVE EQUIPMENT (PPE)

Where required, the personal protective equipment (PPE) requirements shall be ascertained and to ensure that each candidate is provided with the same for the duration of the training course. The PPE shall be applicable for the type of course, of suitable standard and be well maintained at all times.

PPE			
Description	Qty	Standards and Specification	
Facemask	16	N95	
Chef coat	16	Double breasted chef coat, Cotton/ polyester mix, studs/Velcro or zip closure.	
Safety shoes	16	Rubber, Non slip, without laces	
Chef pants	16	Loose fitting, thick cotton	
Gloves	10	non-latex, multiple sizes (S, M,L)	
Chef Hat	16	Cotton material,	
Apron	16	Fire resistant, cotton material, tied on	
First Aid Kit	2	<ul> <li>Antiseptics and Ointments</li> <li>Benzalkonium         Chloride Antiseptic         Towelettes</li> <li>Alcohol Antiseptic         Wipes</li> <li>Hand Cleansing         Moist Towelettes</li> <li>After Bite Insect         Sting Relief</li> <li>Centrimide First Aid         Cream 25gr</li> <li>Povidone Iodine         Prep Pads     </li> <li>Wound Care/Trauma</li> <li>Fabric Adhesive         Bandages – Finger &amp;</li> </ul>	

Knuckle and Patch

- Fabric PatchAdhesive Bandages
- Junior Adhesive
   Bandages
- Butterfly Wound Closures
- Compress Pressure
   Bandage w/Elastic
   Ties Surgical Gauze
   Sponges
- Conforming Gauze
   Bandage Roll
- Gauze Pads
- Non-Adherent
   Dressings, Sterile
- Abdominal/Combine Pads

#### Eye Injury

- Orthopaedic EyePatch
- Eye-shield, Plastic w/ Elastic Strap, Ventilated
- Eye Cup
- Eyewash Solution,
- Saline Solution

### First Aid/CPR/Instruments

- CPR Pocket Mask with Gloves
- Vinyl Medical
   Examination Gloves
- Surgical Tape
- Cotton Tip Applicators
- Safety pins

		<ul> <li>Splinter Probes,</li> </ul>
		Sterile
		<ul> <li>Forceps, Fine Point</li> </ul>
		<ul> <li>Paramedic Scissors</li> </ul>
		15.2 cm
		Emergency Rescue
		Blanket
		<ul> <li>Single-Use</li> </ul>
		Thermometers
		<ul> <li>Penlight</li> </ul>
		Fractures/Sprains
		<ul> <li>Wire Splint, Padded</li> </ul>
		Aluminum Splint,
		Finger Splint
		<ul> <li>Instant Cold</li> </ul>
		Compress, 1Elastic
		Bandage
		<ul> <li>Self-Adhering Wrap</li> </ul>
		Bandage
		Triangular Bandage
		Burn Care
		<ul> <li>Burn Stop Dressing</li> </ul>
		Burn Stop Gel Packet
		• FIRE RATING 34 A
		233 B C
		EXTINGUISHING     AGENT EPW 18462
		(ABC Favorit Tertia)
		ABC powder - MAP
Fire extinguisher (dry powder/ CO2/ black label)		20 % • <b>PROPELLANT</b> Dehu
	2	midified air or
		N2 ,15 Bar at 20°C
		• TEMPERATURE
		<b>RANGE</b> -30°C / +60°C
		• NOMINAL
		<b>CHARGE</b> 6 Kg
		• FULL WEIGHT ~ 9,4

			550 mm 160 mm DISCHAR TIME 16, VALVE TI TORQUE 40 Nm, N Nm CYLINDEI VOLUME SAFETY V between bar CYLINDEI MATERIA steel EXTERNA L TREATMI ast and epoxypol powder p	GHTENING Minimum Maximum 60 R PRESSURE T bar R 7,8 L. VALVE Set 22 and 27 R AL Alloy AL/INTERNA ENT Sandbl yestere
Fire blanket	2	Product Code Description Colour Weight Thickness Width Yam Thickness (Tea) Tensile Strength Temperature Resistance	450 Gr 0.51	SF-01 ass Fabric Heat Treated filly White ard Squ +/- 10% htm +/- 10% tr (100 Cm) Wet EC 9 33 18*12 3344NSCM (400 Lboltab) 550°C

## **8.TRAINING FACILITIES**

**■**Classroom

■Size: minimum 27m sq.;

■Proper signage.

■Workshop and training grounds

•Size: where workshop and training grounds minimum size or area is specified;

■Proper signage.

### Basic amenities

■Basic necessities (not limited to. surau (male and female) toilet (male and female), resting areas, male and female changing room, first aid, etc.) must be provided.

NO. OF TRAINEES:	16			
REQUIREMENT SIZE IN:	MIN. SIZE IN METERS (M)	MIN. REQUIREMENT SIZE IN SQ. METERS		
Building/Office	As approved by ABCi	As approved by ABCi		
Training Workshop/Area	-	-		
Storeroom	-	-		
Classroom	-	27		
GRAND TOTAL IN SQ. METERS:	27			

## PART 4 GLOSSARY

Α

#### **ASSESSOR**

accredited individual authorized to evaluate or assess competencies of a candidate applying for certification.

D

#### **DUTY**

the tasks to be performed by an individual as a regular part of the individual's job.

ı

#### INSTITUTIONAL ASSESSMENT

an assessment undertaken by the institution for its trainees to determine their achievement of the learning outcomes in the module of instructions in given unit of competency or clusters of competencies.

L

#### **LEARNING OUTCOMES**

the set of knowledge, skills and/or competencies an individual has acquired and/or is able to demonstrate after completion of a learning process, either formal, non-formal or informal.

0

#### **OCCUPATION**

a set of jobs whose main tasks and duties are characterized by a high degree of similarity.

#### **PERFORMANCE CRITERIA**

evaluative statements that specify what is to be assessed and the required level of performance or competency.

R

#### **RECOGNITION OF PRIOR LEARNING (RPL)**

the process in which the individual's previous learning outside the formal system which contributes to the achievement of current competency/ies can be assessed against the relevant unit of competency and given recognition through the issuance of appropriate certificate.

Т

#### **TASK**

a discrete, assignable unit of work that has an identifiable beginning and end, containing two or more steps which when performed, leads to a product, service or decision. This is normally performed within a specified period of time.

#### TRAINING STANDARDS

the information and important requirements to consider when designing training programs corresponding to a national qualification; this includes information on curriculum design, training delivery, trainee entry requirements, training tools and equipment, and trainer qualifications.

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